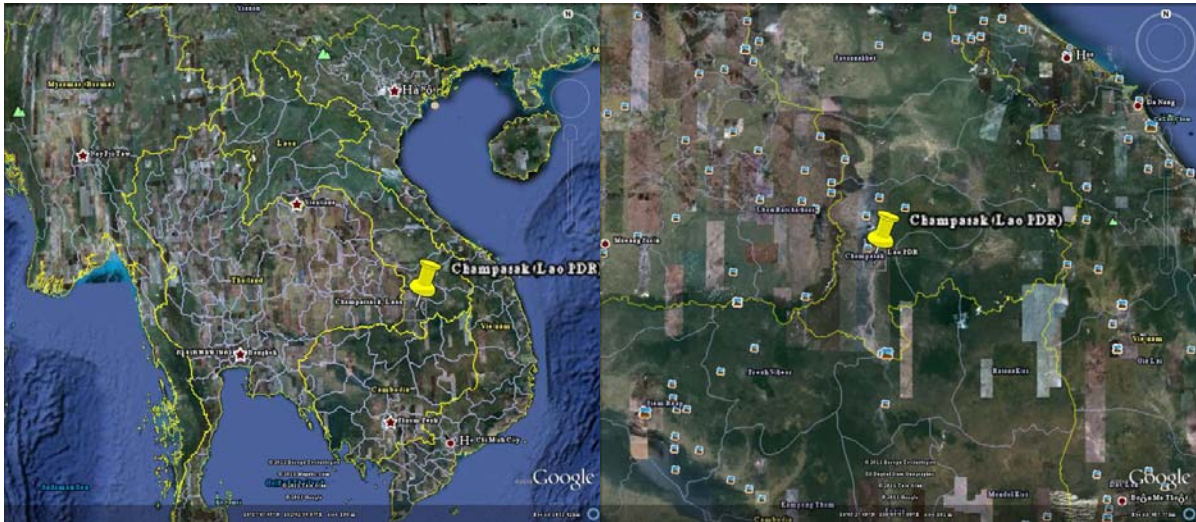


Champasak Province (Lao PDR)



Geography

Champasak is a province in southwestern [Laos](#), near the borders with [Thailand](#) and [Cambodia](#). It is one of the three principalities that succeeded the [Lao](#) kingdom of [Lan Xang](#). The river [Mekong](#) flows through the province. The capital of the province is [Pakse](#), but it takes its name from [Champasak](#), the former capital of the [Kingdom of Champasak](#). The small [town of Champasak](#), location of the [Khmer](#) ruins of [Wat Phu](#), is the seat of the [Champasak District](#). [Khone Phapheng Falls](#) is in the province. Neighboring are (from North clockwise) the provinces [Salavan](#), [Xekong](#) and [Attapu](#), as well as Cambodia (provinces [Stung Treng](#) and [Preah Vihear](#)) to the south and Thailand ([Ubon Ratchathani Province](#)) to the west.

Champasak can be reached from Thailand through the [Chong Mek](#) border crossing, at [Vang Tao](#), from where the [highway](#) leads east towards the city of [Pakse](#). Crossing the border at Chong Mek is relatively straightforward, as there are large border posts on both sides of the border, as well as large outdoor markets.

Capital	- Pakse
Total Area	- 15,415 km ² (5,951.8 sq mi)
Total Population (2004)	- 575,600

Administrative Divisions

The province is made up of the following districts:

1. Bachiangchaleunsouk
2. Champassak
3. Khong
4. Mounlapamok
5. Paksé
6. Paksong
7. Pathoumphone
8. Phonthong
9. Sanasomboun
10. Soukhouma

Source: http://en.wikipedia.org/wiki/Champasak_Province

http://news.bbc.co.uk/2/hi/europe/country_profiles/1154621.stm

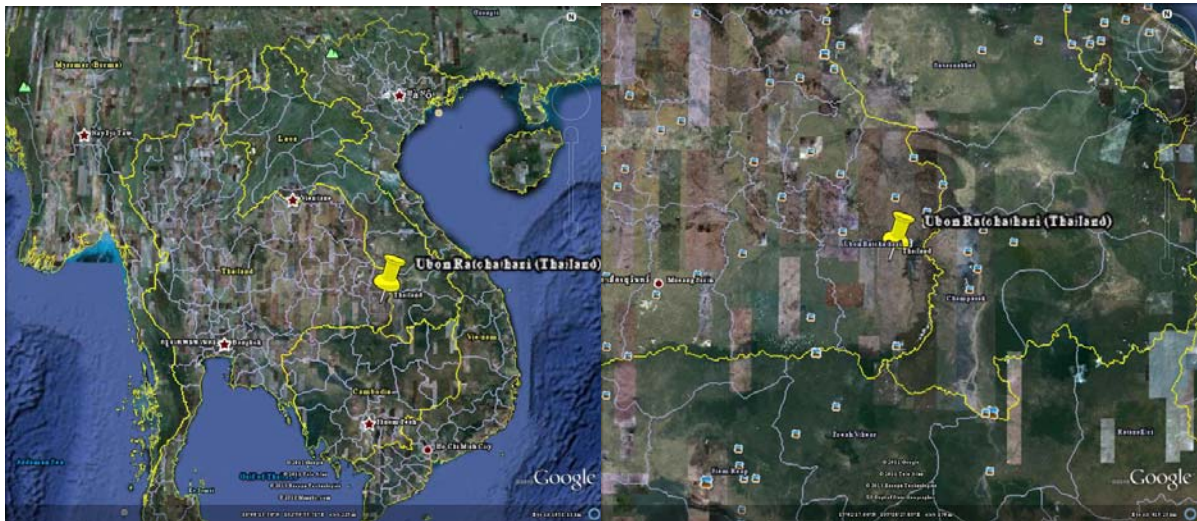
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<http://www.who.int/countries/lao/en/>

<http://www.fco.gov.uk/en/travel-and-living-abroad/travel-advice-by-country/country-profile/asia-oceania/laos?profile=geography>

http://www.nationmaster.com/graph/hea_maj_inf_dis_foo_or_wat_dis-major-infectious-diseases-food-waterborne

Ubon Ratchathani Province (Thailand)



Geography

Ubon Ratchathani is one of the north-eastern provinces of Thailand, and the country's easternmost. Ubon is about 600 km away from Bangkok. Neighboring Provinces are (from west clockwise) Sisaket, Yasothon and Amnat Charoen. To the north and east it borders Salavan and Champasak of Laos, to the south Preah Vihear of Cambodia.

Capital - [Ubon Ratchathani](#)

Governor - Wichit Chatpaisit (Interrim Governor) (since 2010)

Total Area - 16,112.650 km² (6,221.1 sq mi)

Total Population (2009) - 1,803,754

Administrative Divisions

The province is subdivided into 25 districts. The districts are further subdivided into 219 subdistricts and 2469 villages.

1. [Mueang Ubon Ratchathani](#)
2. [Si Mueang Mai](#)
3. [Khong Chiam](#)
4. [Khueang Nai](#)

5. [Khemarat](#)
6. [Det Udom](#)
7. [Na Chaluai](#)
8. [Nam Yuen](#)
9. [Buntharik](#)
10. [Trakan Phuet Phon](#)
11. [Kut Khaopun](#)
12. [Muang Sam Sip](#)
13. [Warin Chamrap](#)
14. [Phibun Mangsahan](#)
15. [Tan Sum](#)
16. [Pho Sai](#)
17. [Samrong](#)
18. [Don Mot Daeng](#)
19. [Sirindhorn](#)
20. [Thung Si Udom](#)
21. [Na Yia](#)
22. [Na Tan](#)
23. [Lao Suea Kok](#)
24. [Sawang Wirawong](#)
25. [Nam Khun](#)

Source: http://en.wikipedia.org/wiki/Ubon_Ratchathani_Province

http://news.bbc.co.uk/2/hi/europe/country_profiles/1237845.stm

<http://www.who.int/countries/tha/en/>

<http://www.fco.gov.uk/en/travel-and-living-abroad/travel-advice-by-country/country-profile/asia-oceania/thailand>

<http://lcweb2.loc.gov/frd/cs/profiles/Thailand.pdf>

http://www.nationmaster.com/graph/hea_maj_inf_dis_foo_or_wat_dis-major-infectious-diseases-food-waterborne